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THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis
Turns Spotlight on
Quality and Patient Care



Message from the MD & CEO



Dear Colleagues,

It gives me great pleasure to connect with you through yet another issue of The Fortisian.

The third wave of COVID infections, posed by the new Omicron variant, appears to be subsiding and we are witnessing a rapid decline in the number of cases being reported. However, we must be cautious and continue to follow COVID protocols as viruses are known to mutate unpredictably.

In spite of the situation, our hospitals have been doing some clinical exceptional work, some of which is captured in the pages that follow. We are also strongly focusing on our expansion plans. We plan to add 1,300 beds in next two-three years in select facilities. Strengthening the infrastructure and adding next-gen technologies have also been on the top of our list of priorities. Over the last two years, we have invested heavily in equipping our hospitals across India with advanced medical technologies and machinery, and onboarding senior clinicians.

Our performance reflects the commitment and dedication of our doctors, nurses, paramedics and other staff who have been relentlessly delivering their best, in spite of the persisting COVID-19 situation.

I thank all our people and I am sure that we will all continue to do the right things for our patients.

Regards,
Dr A. Raghuvanshi
MD & CEO

New Beginnings & Launches

Fortis Escorts Hospital, Faridabad, installs Vacuum Swing Adsorption Oxygen Generating Plant



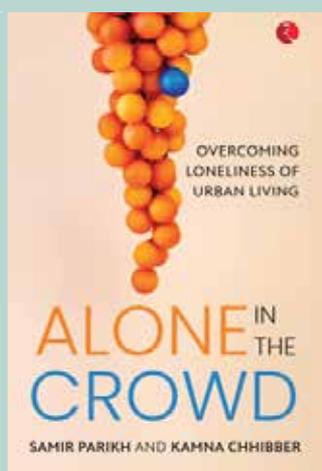
Glimpses of the inauguration ceremony

A Vacuum Swing Adsorption (VSA) Oxygen Plant was inaugurated at Fortis Escorts Hospital (FEHF), Faridabad, on January 12, 2022, making it the first hospital in Faridabad to have a VSA Oxygen Generator Plant. The plant was inaugurated by Shri Jitender Yadav, District Commissioner, Faridabad and Dr Vinay Gupta, Chief Medical Officer & Civil Surgeon, Faridabad. The event was attended by Mr Manu Kapila, Head - Corporate Affairs & CSR, Mr Mohit Singh, Head – SBU, Noida and Dr Ajay Dogra, Facility Director - Fortis Escorts Hospital, Faridabad. The plant has a capacity of generating 500 liters of oxygen per minute and is spread across an area of 380 sq. ft.

Dr Ashutosh Raghuvanshi releases 'Alone in the Crowd: Overcoming Loneliness of Urban Living'



Dr Ashutosh Raghuvanshi releasing the book along with Dr Samir Parikh



The book's cover

Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, released 'Alone in the Crowd: Overcoming Loneliness of Urban Living,' a book written by Dr Samir Parikh and Ms Kamna Chhibber of the Fortis National Mental Health Programme.

The book talks about how, in spite of being surrounded by millions of people, one may continue to experience a sense of

intense loneliness and disconnectedness within the urban settings they are a part of. Written in a simple, easy to understand language, the book explores the multiple dimensions from which the problem emerges and the varying facets associated with it. The book also provides a set of solutions to tackle this consistently growing problem of urban loneliness. 'Alone in the Crowd' offers significant insights that are particularly relatable, given the experience people had during the lockdown during the pandemic, which brought this issue to the forefront. "Developing the ability and having the right tools to tackle it is crucial as we continue to navigate our lives through the current challenging times," said Dr Parikh.

Next-gen Cath Lab inaugurated at Fortis Escorts, Amritsar



Glimpses of the inauguration ceremony

A state-of-the-art, next generation Cath Lab was installed at Fortis Escorts Hospital, Amritsar, on January 6, 2022. The unit was inaugurated by Dr Charanjit Singh, Civil Surgeon, Amritsar. The ceremony was graced by Mr Anil Vinayak Group COO, Dr Bishnu Panigrahi, Group Head – MSOG, Mr Ashish Bhatia, Business Head – Rest of India, Dr Rakesh Ranyal, Medical Director and Mr Deepak Narang, Facility Director. Dr H. P. Singh, Dr Arun Chopra, Dr Deepak Kapila and Dr D. M. Saini of Team Cardiac Sciences were also among the distinguished guests.

Speaking on the occasion, Mr Vinayak said, "Fortis has always prided itself in being at par with international clinical standards. With the launch of the new Cath Lab, Fortis Amritsar will now be setting a new benchmark in adoption of high-end technology in healthcare, where patients can avail of safe and advanced cardiac procedures under one roof. We are proud to have a very senior and experienced Cardiac Sciences Team, which is capable of handling challenging cases. It is our commitment to offer a better quality of life to all our patients and this is a small step towards that endeavor. We will continue to innovate and bring efficiency into the healthcare space for the residents of Amritsar and near-by region."

Fortis Hospital, Bannerghatta Road, Bengaluru introduces Post Discharge Rehabilitation programme



Dr Manish Mattoo, Head – SBU, BG Road, Dr Priya Sreedharan, Medical Director-Fortis Hospital, Bannerghatta Road, Dr Chandran Gnanamuthu, Senior Consultant - Neurology, Ms Jitha Joseph, Consultant - Physiotherapy during the ribbon cutting ceremony

Dr Chandran Gnanamuthu- Senior Consultant- Neurology, Ms Jitha Joseph- Consultant- Physiotherapy along with the team during cake cutting

Snapshots from the inauguration ceremony

Fortis Hospital, Bannerghatta Road, Bengaluru introduced a Post Discharge Rehabilitation programme to help patients get continuity of care and optimal rehabilitation. The programme, launched on December 3, 2021, aims to provide a safe and comfortable atmosphere for patients, aiding faster recovery. The programme includes 24*7 dedicated care, effective physiotherapy and speech therapy, carefully supervised rehab and skilled medical and nursing care.

The unit was inaugurated by Dr Manish Mattoo, Head – SBU, BG Road, Dr Priya Sreedharan, Medical Director - Fortis Hospital, Bannerghatta Road, Dr Chandran Gnanamuthu, Senior Consultant – Neurology and Ms Jitha Joseph, Consultant - Physiotherapy with a lamp lighting, followed by ribbon cutting and cake cutting.

Milestones

Fortis Hospital, Kalyan, completes 14 years of being guardians of health



Facility Director Dr Supriya Amey (C) with other HODs and administrative leads



Satyanarayan pooja is underway



Facility Director Dr Supriya Amey (C) with her team

Fortis Hospital, Kalyan, recently completed 14 years of its existence; having cared for thousands of patients and their families across the past 14 years, the hospital has created milestones after milestones of clinical excellence, impeccable patient care, robust healthcare delivery and strong community connect.

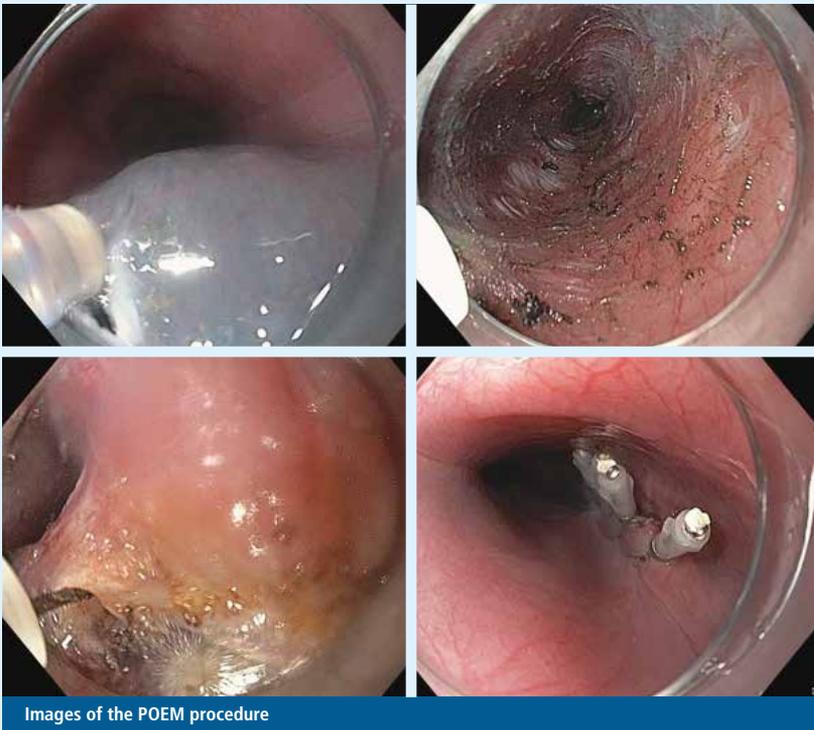
The 14th work anniversary was celebrated amidst much fanfare on December 21, 2021; the celebrations began with Satyanarayan Pooja, followed by distribution of Mahaprasadam. The clinical, non-clinical, administrative and support staff celebrated the joy of teamwork and collective success. Dr Supriya Amey, Facility Director, Mr Rounak Karandikar, Unit Head-Administration, Mr Rajesh Kokitkar, Unit Head-Human Resources along with other administrative heads, clinicians, and on-ground staff joined in the celebrations with much fervour; the day-long celebrations concluded with song and dance performances, and skits.

Clinical Excellence

34-yr-old patient's inability to swallow food cured after incisionless endoscopic surgery at Fortis Escorts, Okhla Road



The Gastroenterology & Hepatobiliary Sciences Team at Fortis Escorts Liver & Digestive Diseases Institute, Okhla Road, New Delhi



Images of the POEM procedure

A team led by Dr Pankaj Puri, Director - Gastroenterology & Hepatobiliary Sciences, Fortis Escorts Liver & Digestive Diseases Institute, New Delhi, performed the incisionless Peroral Endoscopic Myotomy (POEM) procedure to treat a 34-year-old male patient's inability to swallow food or water. Very few centres in Delhi NCR have the capability to perform the procedure.

The patient had arrived with complaints of difficulty in swallowing, chest pain and weight loss. For over a year-and-a-half, food and water would get stuck in his chest and he would regurgitate. Oesophageal manometry, a diagnostic test, revealed that his food pipe (oesophagus) showed features

suggestive of Achalasia Cardia, a rare motility disorder that impairs oesophageal peristalsis (contraction and relaxation of oesophageal muscles enabling movement of ingested food). The doctors also found that the patient's lower oesophageal sphincter (a muscular ring that controls the passage of food from the food pipe to the stomach) does not relax during swallowing. POEM, a corrective procedure for Achalasia patients, helped the patient recover swiftly. "He is presently symptom free and is doing well. He has also has gained 2 kgs of weight," said Dr Puri.

2-year-old child with rare brain disease cured after month-long treatment at Fortis Anandapur, Kolkata



Dr Sumita Saha with the baby and his mother

A two-year-old baby with a history of cough and cold viral fever was admitted to the emergency department of Fortis Hospital, Anandapur, Kolkata, after he started experiencing lethargy and prolonged convulsion. The situation got worse over time and baby was having gasping breathing and oxygen level in blood was almost 60% at admission. A team of doctors had to ventilate the baby. MRI scan of the brain showed that the white matter of brain had diffuse changes and brain had swollen up.

The baby needed ventilation support as well as support to keep blood pressure steady for almost seven days. When the baby woke up, his brain was like a two month old baby who does not have any neck control and was unable to swallow food. After a month of expert support and physiotherapy, the baby learned to swallow food and was able to stand. Dr Sumita Saha, Consultant, Paediatrics, said, "When he was discharged, he was just able to swallow food but not able to sit by himself. However, now that it's been three months, he is able to walk

and talk like a happy little child. This condition is called ADEM or acute disseminated encephalomyelitis. He had bleeding areas in the brain which made ADEM more severe and complicated. This disease is autoimmune disease triggered by influenza B virus, which we were able to isolate from his respiratory secretion."

Tuberculosis patient who went into heart failure, treated at Fortis Escorts, Okhla, New Delhi

Doctors at Fortis Escorts Heart Institute (FEHI), Okhla, New Delhi, successfully treated a 51-year-old female patient for Fulminant Myocarditis. The patient had presented with symptoms of intractable Heart Failure and inotrope dependence during course of hospitalisation. An echo and clinical examination indicated Cardiac Tamponade with Severe Biventricular dysfunction. Urgently pericardial aspiration was done, patient started recuperating. Pericardial aspirate was done which revealed she was also suffering from tuberculosis. Cardiac MRI also confirmed it. Tuberculosis leading to myocarditis is a rare entity. She was started on anti-tubercular therapy.

But newer challenge came patient started having incessant ventricular tachyarrhythmia. She had cardiac arrest four times in course of a week. Cardiac massage was done and shock given for patient to revive. She was successfully resuscitated without any ventilator support. After discussion with relatives ICD was implanted. Currently the patient is stable and recuperating at home. A team of doctors led by Dr Vivudh Pratap Singh, Consultant, Interventional Cardiology, FEHI, handled the case. He said, "We think tuberculosis is a common disease with fever as the only manifestation, but in our country, where it is still prevalent, its effects on heart are sometimes missed. With timely diagnosis and correct therapy even, this can be managed. It required multi-disciplinary coordination and sustained efforts to bail out the patient"



Dr Vivudh Pratap Singh

104-year-old female undergoes hip replacement at Fortis Noida, walks the very next day

A 104-year-old female, who had a hip fracture after a fall, underwent a successful hip replacement surgery at Fortis Hospital, Noida. The surgery was done by a team led by Dr Brajesh Koushle, Additional Director – Orthopaedics, on December 21, 2021. The patient commenced walking the very next day and was discharged on December 23, 2021.



Dr Brajesh Koushle with the patient

Premature baby weighing 465 grams and on ventilator support gets new lease of life at Fortis Mohali



Dr Sunil Agrawal with the proud parents and the NICU Team

Dr Sunil Kumar Agrawal, Senior Consultant and Head - Neonatology, Fortis Hospital, Mohali, gave a new lease of life to a premature baby boy born three-and-half-months early and weighing 465 grams. The infant was on ventilation for three months and recovered without administration of antibiotics. The baby was born at 25 weeks of gestation due to severe Preeclampsia in the mother at Fortis Mohali on August 14, 2021. The infant had severe breathing problems and was on invasive ventilation for nearly 28 days, followed by Continuous Positive Airway Pressure – a gentle form of ventilation for treatment of premature babies – for another 42 days. The baby also faced prematurity-related complications such as neonatal jaundice, feeding intolerance, osteopenia of prematurity, hyponatremia, periventricular leukomalacia and retinopathy of prematurity, which were appropriately managed by Dr Agrawal. The infant received total intravenous nutrition for 10 days through umbilical venous central line before he could tolerate sufficient feeding from the mouth. The baby was not given any antibiotics during the entire three-month hospital stay. Dr Agrawal said clinicians treating infants usually administer antibiotics fearing that they might lose the baby if the baby catches any infection. He advised against unnecessary use of antibiotics while crediting his entire team and neonatal nurses for ensuring strict compliance of Infection Control Practices. The baby was regularly monitored and finally discharged on November 13, 2021.

Neurosurgery team at Fortis Noida conducts life-saving emergency surgery on a 4-year-old COVID positive patient



The emergency surgery being conducted with all COVID protocols

The Neurosurgery Team at Fortis Noida set an example in living the Fortis value of Patient Centricity by conducting a life-saving emergency surgery without waiting for a 4-year-old patient's COVID test report. The child was brought to the Emergency on January 7, 2022, with complaints of drowsiness, breathing problems and dipping pulse. The child was found to have a large brain tumour that required immediate surgery. The child did not have any COVID symptoms when admitted, but as part of the extant protocol, his sample was sent for RT PCR.

Without waiting, the doctors conducted the emergency surgery since time was precious. It was decided by the Admin Team and the treating doctors that the child would be operated upon whilst following all the COVID protocols prescribed for an emergency surgery. Post operatively, he was kept in an isolated ICU. The COVID test report turned out to be positive. Even though Fortis Noida was not admitting any COVID positive patients then, the doctors had decided to carry out the surgery as shifting the child to a COVID hospital would have risked his life. He was discharged in good health on January 13, 2022.

First Swap kidney transplant at Fortis Escorts, New Delhi, performed



Dr Sanjeev Gulati, Dr Anil Mandani, Dr A. S. Narula and Dr Anil Gulia

The first swap kidney transplant at Fortis Escorts, Okhla Road, New Delhi, was done on January 8, 2022, by team of Kidney and Urology experts led by Dr Sanjeev Gulati, Dr Anil Mandhani, Dr Ajit Singh Narula and Dr Anil Kumar Gulia. Both the patients, who are from different cities and have different blood groups, were advised kidney transplant. The doctors had considered the possibility of performing ABO incompatible transplant but decided otherwise in view of higher cost of plasmapheresis in them. Another concern was the high risk involved due to the use of very strong immunosuppressants amid the ongoing COVID situation. The patients underwent Live Donor Renal Allograft kidney transplant surgery with a swap of their respective donors. Both the patients are doing fine and have been discharged after one week.

Special Feature

Fortis BG Road, Bengaluru, observes World Quality Day



Glimpses of the event

A week long programme was organised by Quality and Patient Safety teams to Observe World Quality Day 2021 at Fortis BG Road, Bengaluru, on November 8-12, 2021. In tune with this year's theme, 'Sustainability,' patient and family education were customised for Fall prevention, HAPU Prevention, MRSA Decolonization, detection of early warning signs by the nursing team. Inpatients, patient attendants were educated basis their needs.

The programme was Inaugurated by Dr Manish Mattoo, Head SBU - Bengaluru, Dr Murali Chakravarthy, Director-Clinical Affairs and Chairman CIPAC, Ms Komala Naik, Zonal Head - Quality and functional heads at Fortis BG Road. The event commenced with an awareness building session on the 'Importance of Quality & Patient Safety.' Around 120 employees including Nurses, Doctors, Paramedics and Non-Medical staff participated enthusiastically.

Quality Week celebrated at Fortis Hospital & Kidney Institute, Kolkata



Glimpses of the event

Fortis Hospital & Kidney Institute (FHKI), Kolkata, celebrated 'Quality Week' from 8th – 11th November, 2021. The theme of the event was 'Go Green.' Dr Shivaji Basu, Director – Urology, Dr Arup Ratan Dutta, Director - Nephrology, Mr Pratyush Srivasatava, Head – SBU, Kolkata, and Dr Gautam Hazarika, Medical Superintendent, FHKI-FMC, lit a ceremonial lamp to inaugurate the week-long event. A short documentary by Mr David Attenborough, well-known broadcaster, natural historian from the United Kingdom, was screened. Later, a presentation on Kaizen and its importance was delivered by Dr Gautam Hazarika. On-the-spot Quiz on the principles of Quality in Healthcare was organised at all the Work Stations of the hospital so that all the staff members could participate. On the second day, an audit on the 6-S principles of Quality was conducted at the main hospital building and the Administration Block in the Annex Building. Role Play on IPSPG was enacted on the 3rd Day. Presentations on the 'Go Green' theme were showcased by three finalist on the next day.

The event concluded with a cake cutting ceremony and the announcement of winners of the Best Zone in Audit and the 'Go Green' presentations. Team ICU was declared the 'Best Zone' in the 6S-Quality Audit.

Quality and Patient Safety Week celebrated at Fortis Anandapur, Kolkata



Quality and Patient Safety Week was celebrated at Fortis Hospital, Anandapur, Kolkata on November 15 - 20, 2021. The event commenced with a ceremonial lamp lighting in the presence of Dr Arafat Faisal, Medical Superintendent, Dr Sanjukta Dutta, Head – Emergency, Dr Sanjay Singh, Director – Anaesthesiology, Dr Arindam Chakraborty (ICO), Dr Sourav Bhowmik, Head - SRL Lab, Dr Maitrayee, Microbiologist, Ms Doli Biswas, Chief of Nursing, Sathya A. Kumar, Deputy Chief Nursing Officer and Ms Banrishisha (Quality Head). The event was attended by a large number of Medical, Nursing and Non-medical staff. The highlight of Day One was the Quality & Patient Safety Roadshow for the staff and patients, followed by an educational session on International Patient Safety Goals (IPSG).

On Day Two, a session on Antimicrobial Stewardship was held by Dr B. B. Sarkar, Consultant - Internal Medicine and Dr Arindam Chakraborty (ICO), followed by Safe Infusion Project on Day Three. A panel discussion with Dr Y. Paliwal, Dr Sanjukta Dutta, Dr Sanjay Singh, Dr Suchanda Gadre, Ms Doli Biswas and Ms Shruti Sinha as panellists on Medication Safety was held on Day Four. The medical and non-medical team members enthusiastically participated in a quiz competition Day Five and finally the celebration came to a close with the prize distribution and awards ceremony. The week-long celebration was encouraged and motivated by Mr Pratyush Srivastava, Head – SBU, Kolkata.

Fortis Hospital, Mulund, celebrates World Antimicrobial Awareness Week



Glimpses of consultants actively participating in the World Antimicrobial Awareness Week celebrations



Dr Manisha Pathak, Head-Medical Services assessing the posters submitted in the competition



Dr Kirti Sabnis-Infectious Disease Specialist also assessing the posters

World Antimicrobial Awareness Week was celebrated from November 18 - 24, 2021, with much enthusiasm at Fortis Hospital Mulund. Alongside a variety of events, the week-long celebrations witnessed caregivers at the hospital taking an oath to use antimicrobials judiciously. The initiative was led by Dr Manisha Pathak, Head-Medical Services, Dr Kirti Sabnis-Infectious Disease Specialist, Clinical Pharmacology Team - Dr Nasmal P., Dr Karunakar Sake, Dr Swetha Ambarapu, and the Medical Services team - Dr Bhairavee Sharma and Dr Ravi Sarvade. The initiatives driven across World Antimicrobial Awareness Week included - jigsaw puzzle, 'which antibiotic are you?' quiz, antimicrobial consumption report sharing, appreciation cards were given away for judicious use of antimicrobials, poster competition, and an e-CME on 'Role of Ceftazidime-Avibactam in Bacteraemia' where Dr Kirti Sabnis-Infectious Disease Specialist was a key speaker. The initiative was a great success, and well appreciated by all clinical teams.

Fortis Hospital, Mohali, celebrates World Antimicrobial Awareness Week



Glimpses from the event



Fortis Hospital, Mohali, celebrated World Antimicrobial Awareness Week (WAAW-2021) from November 18-24, 2021. The theme for the WAAW-2021 was 'Spread Awareness, Stop Resistance'. To show support for the World Health Organization's 'Go Blue' campaign, Fortis Mohali employees wore blue outfits during the entire week. A host of activities such as Google quiz, treasure hunt and area quiz were organised by Team AMS and Department of Clinical Pharmacology under the guidance of the leadership.

A CME on 'Antifungal stewardship' was also organised in hybrid mode on the rational use of antifungals. Eminent faculty from Fortis Mohali, PGIMER and GMCH-32 gave their valuable inputs. An awareness session for the nursing and pharmacy units was organised by Dr Shivani Juneja Bedi, Associate Consultant, Clinical Pharmacology. Dangers were displayed in the OPD and IPD area promoting the cause.

Events

Fortis Hospital, Mulund organises 'ICU Preparatory Course' for newly inducted nurses



(L-R) Ms Prerna Mulye, In-charge, Medical ICU, Ms Minimole Varghese, Chief Nursing Officer, Dr Rahul Pandit, Director-Critical Care, Mumbai, Dr Charudatt Vaity, Senior Consultant-Intensivist, Dr Bindu M., Consultant-Critical Care, Ms Jisha Binoy, Nurse Educator, Ms Vanita Kamble, In-charge-Surgical ICU

A week-long 'ICU Preparatory Course' for newly inducted nurses was held from November 29 - December 4, 2021, at Fortis Hospital, Mulund. 19 nurses attended the training held at the Critical Care Unit. The programme was helmed by Dr Rahul Pandit, Director-Critical Care, Mumbai, Dr Charudatt Vaity, Senior Consultant-

Intensivist, and the Critical Care Team. The course aimed at improving bedside skills through sessions on various ICU nursing procedures, equipment, medication management and Advanced Cardiac Life Support (ACLS) as per American Heart Association guidelines.

The programme started with pre-assessments. Sessions were held by consultants, senior registrars, ICU senior nurses, clinical pharmacists, infection control nurse, respiratory therapist, and biomedical technician through a structured training module. Finally, a post assessment test was conducted and the participants were awarded with certificates. Ms Valsamma Joseph, Chief Nursing Officer, Fortis Hospital, Kalyan, received a special appreciation for sending in the nominations for the week-long programme.

World Prematurity Day observed at Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Anandapur, Kolkata, observed World Prematurity Day on November 18, 2021. A total of 16 mothers along with their babies joined the event with Dr Sumita Saha and Dr Rajesh, Neonatologists, and Team Nursing working in the NICU. The programme started with cake cutting ceremony followed by a health

talk for all the attending mothers. An interactive session with Ms Mitali Madhusmita, NICU In-charge and Dr Sumita was also conducted where the mothers shared their concerns and clarified their doubts regarding new born care. The event was appreciated by all participants.

Fortis Escorts Hospital, Jaipur, organises workshop on Pressure Injury Prevention



Snapshots from the training programme

Fortis Escorts Hospital, Jaipur, conducted a certification programme on 'Pressure Injury Prevention' on November 17, 2021, in association with an external partner, which was organised as part of the 'World-wide Pressure Injury Prevention Month.' A team of 15 nurses were sensitised on assessment, prevention and management of pressure injury, new guidelines regarding

stages of pressure injury, incontinency associated dermatitis and deep tissue injury. The participants practised patient assessment with Braden scale in different case scenarios and categorise the risk accordingly. Training effectiveness was measured by pre and post assessment tests.

The highest and second highest scorers were awarded and certificates were presented to the participants at the conclusion of the workshop by Mr Neerav Bansal, Head SBU - Jaipur, Dr Shrikant Swami, Director - Medical Operation, Mr Subrata Das, Head - HR and Ms Jijimol James, Chief Nursing Officer.

Basic Neonatal Resuscitation training for nurses and paramedics held at Fortis La Femme, GK-2, New Delhi



A day-long Basic Neonatal Resuscitation training titled 'Helping Babies Breathe' was held for the nursing and the paramedical staff at Fortis La Femme, GK-2, New Delhi, on November 28, 2021. The event was held under the aegis of the IAP-NNF-NRP-FGM project (Indian Academy of Pediatrics-National Neonatology Forum-Neonatal Resuscitation Program-First Golden Minute project).

Fortis Shalimar Bagh, New Delhi, organises Neonatal Resuscitation training for Nurses



Fortis Hospital, Shalimar Bagh, New Delhi, organised a Neonatal Resuscitation training programme for nurses working in the Neonatal ICU and other critical care areas on November 7, 2021. Extensive training sessions were conducted by Dr Vivek Jain, Director & HOD, Dr Akhilesh, Senior Consultant & NICU In-charge and Dr Pramod Kumar Singh, Consultant. 31 nurses participated in the programme.

The Neonatal Resuscitation Programme course conveys an evidence-based approach to care of the new-born at birth and facilitates effective team-based care for healthcare professionals. NRP utilizes a blended learning approach, which contains new born Resuscitation Algorithm, Endotracheal intubation & hands-on case-based simulation & debriefing that focus on critical leadership, communication, and team-work skills.

Fortis Memorial, Gurugram, conducts 12th 'Bronchoscopy in ICU' course



Dr Manoj Goel



Bronchoscopy ICU



Bronchoscopy ICU

Fortis Memorial Research Institute (FMRI), Gurugram, in association with the Indian Chest Society (ICS) conducted the '12th FMRI-ICS Bronchoscopy Course in ICU' recently. The course was organised by Dr Manoj K Goel, Director - Pulmonology, FMRI, and was attended by a large number of trainees. This is the only course of its kind which has trained hundreds of Critical Care practitioners from all over India in the art of conducting bronchoscopy in seriously ill ICU patients. The hands-on training was delivered through simulation, lung dummies and animal models. A book titled 'Bronchoscopy in ICU: A Practical Guide' authored by Dr Goel was provided complimentary to all the delegates along with a soft copy version of the course material. This prestigious course lived upto its expectation this year also despite the difficulties due to COVID-19 pandemic.

Dr Amit Garg of Fortis Mohali holds its first live workshop on Bariatric & Metabolic surgery



Dr Amit Garg



Workshop participants along with the Fortis Bariatric Team

Fortis Hospital Mohali organised the first-ever workshop-cum-training programme on bariatric surgery for surgeons of North India from November 27-28, 2021. Dr Amit Garg, Bariatric and Advanced Laparoscopic Surgeon, Fortis Mohali, demonstrated five live bariatric surgeries according to patients' health parameters and body mass index to surgeons from Punjab, Haryana and Jammu & Kashmir. The objective of the session was to hone the skills of the surgeons to handle the most complicated bariatric surgery cases. Dr Garg demonstrated and educated the team of doctors on the most commonly performed bariatric procedures such as Roux-en-Y Gastric Bypass, Mini Gastric Bypass, Sleeve Gastrectomy, Sleeve Gastrectomy with Proximal Jejunal Bypass, and Loop Duodenojejunal Bypass with Sleeve Gastrectomy. The workshop was followed by a certificate of attendance to the bariatric surgeons.

Community Connect

Doctors from Fortis Noida train ambulance drivers, nursing home clinicians on how to spot a brain stroke



The ambulance drivers with Dr Jyoti Bala Sharma

Fortis Hospital, Noida, organised a workshop for ambulance drivers and an online session for RMOs and General Practitioners on how to spot a stroke – Training on B.E.F.A.S.T, its diagnosis, importance of treatment in the Golden Hour and how treatment helps. In all, 32 drivers attended the training and 47 doctors attended the online session.

The session for ambulance drivers was conducted by Dr Jyoti Bala Sharma, Director - Neurology and the session for doctors was jointly conducted by Dr Jyoti Bala Sharma, Dr Atampreet Singh, Director – Neurology, Dr Rahul Gupta, Director – Neurosurgery and was organised by the Sales & Marketing Team

Traffic awareness session held at Fortis Escorts Hospital, Jaipur



Mr Neerav Bansal addressing the gathering



Audience



Group Pic

Fortis Escorts Hospital, Jaipur, in association with the office of the city's Deputy Commissioner of Police, conducted a 'Traffic Awareness Programme' on December 24, 2021. The 'Traffic Rules & Safety' drive was initiated to educate participants about the basic norms of road safety. The programme also highlighted the importance of these rules from the hospital's point of view since it is located very near to the Jaipur Airport and on the main highway connecting the airport to the city. Movement of VVIPs, patients, visitors and other persons is also very frequent on the highway and hence understanding the criticality of the location in our daily routine, awareness for traffic rules and safety regulations was very well articulated by Mr Praveen Kumar Mast, Traffic Inspector, who also sensitised the audience on the importance of traffic rules and how it can help in reducing traffic hustle on the city roads and hospital premises. Finally, Mr Neerav Bansal, Head – SBU, Jaipur, gave a vote of thanks and requested all the employees to follow rules and safety measures.

Hiranandani Hospital Vashi-A Fortis Network Hospital celebrates Children's Day with over 100 children and their parents



Children participating in fun and games hosted at the hospital on the occasion



A child and his father taking consultation



A child undergoing dental check-up under this initiative

On the occasion of Children's Day on November 14, 2021, Hiranandani Hospital Vashi-A Fortis Network Hospital, under 'My Society, My responsibility' initiative organised a free dental, ophthalmological and general paediatric evaluation camp at the hospital. Children between the ages of 3-14 years, along with their parents, were invited for the event. Over 100 children and their parents enthusiastically participated in the event; participation was witnessed from close to 15 housing societies from the neighbourhood. Alongside the consultations, the day celebrations included a drawing competition, Housie and musical chairs.

Over 180 participants from 60 Public Sector Enterprises attend the first 'Rendezvous with Team Fortis' in Delhi NCR



Glimpses of the event



'Rendezvous with Team Fortis' is an event that has been coined for networking with PSUs & Institutional Partners. This is a networking platform where who's who from the PSUs are present and key clinicians & ZDs/FDs from our units are available for networking. The Domestic Sales Team has organised the first 'Rendezvous with Team Fortis' event in Delhi NCR on December 3, 2021. The platform has been created as a networking forum to promote interaction amongst the leadership of Public Sector Enterprises and Institutional Partners and key Fortis clinicians as well as senior leaders from units. The event attracted over 180 participants from over 60 public sector enterprises. All Fortis hospitals in the NCR region participated in the event along with several senior clinicians. Similar events have been planned for other regions as well.

Fortis Sales Team conducts 'Guardians of Health' HR Conclave in Bengaluru



Glimpses of the event

As part of its efforts to revitalize the Private Corporate Sales channel, the Domestic Sales Team organised an HR Conclave in Bengaluru on November 26, 2021. The event, which is part of a series of engagement initiatives directed at large businesses, was held under the 'Guardians of Health' banner. The event attracted over 185 HR professionals, including over 15 Chief HR Officers from over 100 corporates across the country. Three panel discussions were held, featuring 15 CXOs of several major corporates. The speakers shared their views on 'Reinventing the role of HR in the new normal.' All Fortis hospitals in Bengaluru also participated in the event. The programme was very well received and appreciated by the participants.

Fortis Shalimar Bagh, New Delhi, organises #oneforzero project for healthcare personnel



Fortis Hospital, Shalimar Bagh, New Delhi, marked the International Infection Prevention Week, by initiating #oneforzero project. The month-long event, held from October 17 to November 15, 2021, aimed at improving awareness and encouraging adherence to effective infection control practices. As part of the programme, various activities were conducted such as Walk the talk on hand hygiene, digitalised quiz competition, slogan competition and external sessions on infection prevention strategies.

The programme concluded with closing ceremony where awards were presented to the winners of the competition in the presence of senior leaders, including Mr Mahipal Singh Bhanot, Head SBU, Shalimar Bagh, Dr Gurvinder Kaur, Medical Superintendent, Ms Girja Sharma, Chief of Nursing, Dr Monika Gupta, Infection Control Officer, Dr Harjit Singh and Dr Pankaj Kumar, Director - Critical Care along with nursing heads.

Awareness skits and quiz contest mark National Organ Donation Day celebrations at Fortis Mohali



Dr Priyadarshi Ranjan, Director, Urology, Robotics and Kidney Transplant Surgery, Fortis Mohali, addresses the gathering during the National Organ Donation Day event



Air Marshal (Dr) R.K. Ranyal, Medical Director, stressing on the importance of organ donation



Glimpses from the event



A walkathon was organised by Fortis Hospital, Mohali, on November 27, 2021, to mark National Organ Donation Day and to raise awareness on organ donation. A patient of Dr Priyadarshi Ranjan, Director - Urology, Robotics and Kidney Transplant Surgery, who had received twin kidney transplants at Fortis Mohali, flagged-off the walkathon along with Air Marshal (Dr) R.K. Ranyal, Medical Director; Abhijit Singh, Zonal Head; and Madhavi Chikhale, Chief of Nursing, Fortis Mohali. Members of the Transplant Team and other associated hospital staff wore green ribbons to support the cause and performed skits on the importance of organ donation. The walkathon was followed by a quiz contest and a felicitation ceremony.

Fortis Escorts, Okhla and Fortis Mohali jointly organise Physio Conclave 2021



Snapshots from the day-long event

Fortis Escorts, Okhla, New Delhi organised the Physio Conclave 2021 in collaboration with Fortis Mohali at New Delhi on December 19, 2021. A day-long event was organised by Dr Kanchan Anand (PT) - HOD Physiotherapy, Fortis Escorts, Okhla along with guest keynote speaker as Dr G.K. Balaji (PT) - HOD Physiotherapy, Fortis Mohali on the topic 'Introduction to visceral manipulation.' The event was inaugurated by Dr G S Grewal, President - IMA, Delhi with Dr Thangaraj, Principal - ITS College as Guest of Honour. The event was attended by 40 delegates from across Delhi and NCR region. The objective of the event was to share the results of newly introduced visceral manipulation techniques for Orthopaedic patients and discuss its role in specific cases of shoulder, cervical and spine for immediate results on conditions. The programme concluded with closing ceremony where participating certificates were presented to the delegates. The event was appreciated by the attending delegates.

Engagement

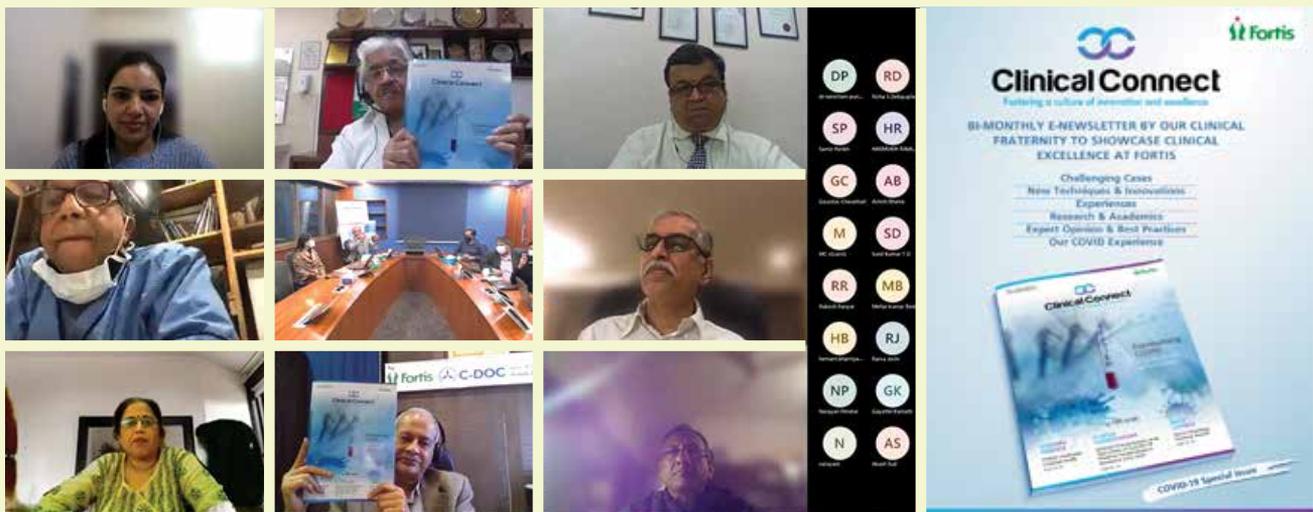
On New Year eve, Fortis Nagarbhavi thanks employees for exemplary service during COVID



Glimpses of the event

Fortis Hospital, Nagarbhavi, conducted a thanks giving programme for employees on December 31, 2021. The programme began with lamp lightning and showcased the highlights of the hospital through Year 2021. The rare surgical cases performed during the year were presented with pride. Each department was recognised for its contribution during the COVID times and during the vaccination programme. The Cath lab project found a mention, followed by appreciation for the consultants and employees for their outstanding performances. The unit also felicitated employees who have been with the organisation for over 10 years with long service awards.

Inaugural issue of 'Clinical Connect,' e-newsletter of the Fortis clinical community, released at Fortis Medical Council meeting



The e-magazine being released at the virtual FMC meet

The inaugural issue of Clinical Connect, a bi-monthly e-newsletter by the clinical fraternity that aims to showcase the clinical excellence at Fortis, was launched at a virtual meeting of the Fortis Medical Council on December 22, 2021. The inaugural issue is dedicated to the COVID warriors across Fortis and is a comprehensive compendium of personal as well as professional learnings from across the Fortis network.

Curated by an eminent Editorial Board, the e-newsletter will offer a selection of articles that will be of interest to our clinicians, including challenging cases, new techniques and innovations, research and academic updates, and expert opinion and best practices.

Fortis Hospital, Vasant Kunj, organises Cricket Tournament for its employees



Glimpses of the event

A fun filled Cricket Tournament was organised by Fortis Hospital, Vasant Kunj, on November 28, 2021, for its employees. The 10-over tournament had four teams that clashed for the title - Team Doctors, Team Nursing, Team Paramedical and Team Non-Medical. The opening match was between Team Doctors and Team Nursing, which was won by Team Nursing in a nail biting finish till the last ball. In the second match, Team Non-Medical got the better of Team Paramedical, setting up their final clash with Team Nursing.

The stage was set for the grand finale. After winning the toss, Team Non-Medical opted to bat first putting up 57 runs on the board for the loss of eight wickets. Team Nursing won the title in the last over with two wickets and two balls remaining. Brother Zahan was adjudged the Man of the Series and the Best Batsman of the tournament. The Best Bowler award was won by Mr Srikant from Team Non-Medical. The awards were presented to all the winners by Dr Rajeev Nayyar, Facility Director, in the presence of all the staff members who cheered for their favourite teams throughout the tournament.

'Nurses Guide' released at Fortis Rajajinagar, Bengaluru



Mr Anil Vinayak, Group COO, Dr Manish Mattoo, Head – SBU, BG Road and Dr (Wg Cdr) A. Nagasubramaniam, Facility Director, releasing the book



Dr Manish Mattoo-SBU Head, Fortis Hospital, BG Road, Dr Naga, Facility Director, Rajajinagar, Ms Shashikala, CNO along with other staff members at Fortis Hospital, Rajajinagar

A 'Nurses Guide' was released at Fortis Rajajinagar, Bengaluru, in the presence of Mr Anil Vinayak, Group COO, Dr Manish Mattoo, Head – SBU, BG Road and Dr (Wg Cdr) A. Nagasubramaniam, Facility Director, on November 25, 2021. The book has been

developed under the guidance of Capt Sandhya S. Pandey, Chief Nursing Officer, Fortis Healthcare, and aims to help new nurses imbibe the Fortis culture. Information relevant and specific to the unit has been incorporated in the book, enhancing its utility.

The book also focuses on helping nurses gain essential knowledge and practical understanding necessary to deliver excellent patient care. This book answers the most frequently encountered questions, usually by the new joiners. It will be a treasure for the new comers and help them build their careers in the organisation.

Awards & Accolades

TCS felicitates Fortis for exemplary work during COVID-19



Snapshots from the felicitation ceremony

IT giant TCS has felicitated Fortis Healthcare for extending tremendous support to their employees across the country during COVID 19. The award was received by Yash Rawat, Head – Domestic Sales, Siddharth Nigam – Head Sales & Marketing, Fortis Noida, Tabish Jamshed, National Account Manager - Private Corporate Sales, Abhishek Sharma, National Account Manager - Private Corporate Sales and Mohit Saxena, Senior Manager - Sales, Fortis Noida

Niva Bupa Health Insurance felicitates Fortis Healthcare for its care and extraordinary support to patients during COVID pandemic



Dr A. Raghuvanshi, MD & CEO, Fortis Healthcare, receiving the felicitation certificate from Mr Krishnan Ramachandran, CEO - Niva Bupa Health Insurance

Niva Bupa Health Insurance Company, earlier known as Maxbupa Health Insurance, one of the leading health insurance companies in the country, has felicitated Fortis Healthcare for its care and extraordinary support to their patients during the COVID-19 pandemic.

Mr Krishnan Ramachandran, CEO - Niva Bupa Health Insurance, felicitated Fortis Healthcare by presenting an appreciation certificate. The company also felicitated Shalabh Dang, Head - Sales, Yash Rawat, Head -Domestic Sales and Meenakshi Gandhi, National Head - TPA & Insurance, for their extra-mile to support Niva Bupa Health Insurance during the pandemic.



Shalabh Dang, Head - Sales, being felicitated



Yash Rawat, Head - Domestic Sales, being honoured

Fortis La Femme, Bengaluru, gets its first NABH accreditation



Dr Manish Mattoo, Head, SBU – BG Road, Mr Raghuram MD, Facility Director - Fortis La Femme, Mr Venu Menon, Head – Operations HR, Dr Vasundhra Atre, Director – MSOG and Mr Raghavendra Bhatt, Unit HR Head with the NABH accreditation certificate



Team La Femme, Bengaluru, celebrating the successful accreditation

Fortis La Femme, Bengaluru, has received the certificate for NABH Certification from National Accreditation Board for Hospitals & Healthcare Providers (NABH). The certificate is valid for a period of four years. The accreditation has been conferred after in-depth evaluation of quality standards for patient care and organisation management. The pre-accreditation verification was conducted on September 4-5, 2021 and the certificate was received in January 2022. The hospital was evaluated on NABH 5th edition standards and compliance. The successful certification is a testimony of the facility's continuous journey towards quality improvement, patient safety and ethical practices.

Fortis Escorts, Faridabad's exemplary COVID-19 work draws all-round applause



Fortis Escorts Hospital, Faridabad, was felicitated for its exemplary work during the COVID-19 pandemic at a ceremony held on December 20, 2021. The event was organised by the Indian Medical Association (IMA), Faridabad, in association with the District Administration, the Municipal Corporation of Faridabad (MCF) and the Health Department, Faridabad (Haryana).

Dr Atul Sharma, Medical Superintendent and Alok Man Singh, Head – Administration received the felicitation on behalf of Fortis Escorts, Faridabad, from Shri Jitender Yadav, District Commissioner - Faridabad, Shri Yashpal Yadav, Commissioner - MCF, Dr Vinay Gupta, Civil Surgeon - Faridabad and Dr Punita Hasija, President – IMA, Faridabad.

Double Delight: Fortis Mohali wins National Award for Excellence in Energy Management and State Energy Conservation Award



(Right) Ashish Bhatia, COO-Rest of India, presenting the award to Neeraj Tandon, Chief Engineer, Fortis Hospital Mohali

Fortis Hospital, Mohali, has won the National Award for Excellence in Energy Management, 2021, instituted by the Confederation of Indian Industry (CII), for the record seventh time. The award was presented in December 2021.

A panel comprising five judges evaluated the short-listed companies in several rounds, including presentation and question-and-answer, for two days, following which Fortis Mohali was adjudged as the 'Energy Efficient Unit'.

Fortis Hospital Mohali also bagged the State-Level Energy Conservation Award in December 2021, and was given a cash prize of Rs 50,000 along with a certificate by the Punjab Energy Development Agency, the governing body.

Dr Ashok Kumar of Fortis Vasant Kunj, New Delhi, receives 'Outstanding Clinician Award'

In recognition of his clinical skills and exemplary service spanning 35 years in the field of Rheumatology, Dr Ashok Kumar - Director, Rheumatology, Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi, was honoured with the 'Outstanding Clinician Award' during the Ahuja Bajaj Symposium held on November 27-28, 2021 in New Delhi. The symposium was organised by National Diabetes, Obesity and Cholesterol Foundation (N-DOC) chaired by Prof Anoop Misra, and Fortis C-DOC Hospital, New Delhi. This was the eighth edition of the symposium in which national and international speakers were invited to talk on various issues.



Dr Ashok Kumar, Director – Rheumatology, Fortis Vasant Kunj

Dr T.S. Kler receives Honorary Degree of Doctorate of Science (D. Sc) Honoris Causa from Guru Nanak Dev University, Amritsar



Dr Kler receiving the degree

Dr T.S. Kler, Chairman - Fortis Heart and Vascular Institute, Gurugram and Fortis Ft. Lt. Ranjan Dhall Hospital, Vasant Kunj, was awarded the Honorary Degree of Doctorate of Science (D. Sc) Honoris Causa by Guru Nanak Dev University, Amritsar, on November 22, 2021. The Hon'ble Governor of Punjab and the Chancellor of the University were present on the occasion. The degree was awarded in recognition of Dr Kler's contribution to the field of medicine.

Dr A. K. Kriplani of Fortis Memorial, Gurugram, felicitated by Association of Minimal Access Surgeons of India



Dr A. K. Kriplani being felicitated

Dr A. K. Kriplani, Director and Head - Minimal Access, Bariatric & GI Surgery, Fortis Memorial Research Institute, Gurugram, was one of the eight prominent Indian surgeons honoured by the Association of Minimal Access Surgeons of India (AMASI) during the annual conference, AMASICON 2021, held on November 27, 2021. The event was held to commemorate 30 years of Laparoscopic Surgery in India. Dr Kriplani was the only doctor from the Fortis network to receive this honour. Dr Kriplani said, "When laparoscopic surgery was first introduced in India, everybody doubted if it will be successful. However, now it has changed the entire scenario, not only for gallbladder surgery but for many other complicated surgeries. Liver dissections, colectomies and pancreas tectomies among others are being done by laparoscopy. It has been the most significant quantum leap in surgery, something that has not been witnessed in the last century. There has been tremendous advancement, unparalleled in any other medical speciality. No other medical speciality has seen such change in their treatment modalities for the welfare of the patients."

Dr Pradeep S of Fortis BG Road, Bengaluru, appointed member of special committee on FNB in Foetal Radiology under DNB curriculum



Dr Pradeep S., Senior Radiologist

Dr Pradeep S., Senior Radiologist at Fortis BG Road, Bengaluru, has been appointed as a member of a five-member special committee set up by the Government of India to formulate a new medical post-graduation course in Foetal Radiology for the Diplomate National Board (DNB) curriculum. The committee was announced on December 14, 2021.

The committee will be responsible for designing the course curriculum, content, guidelines, duration and eligibility criteria among others, which will enable the radiologists to pursue Foetal Medicine after completing MD. This course will prove to be a boon for Maternal and Foetal healthcare in the country.

Madhya Pradesh CM felicitates Dr Rahul Bhargava of Fortis Memorial, Gurugram for offering free medical services

Dr Rahul Bhargava, Principal Director, Haematology, Haemato-Oncology & Bone Marrow Transplant, Fortis Memorial Research Institute, Gurugram, was felicitated by the Hon'ble Chief Minister of Madhya Pradesh, Shri Shivraj Singh Chouhan, on December 5, 2021, for providing free medical services to the people of the State. A special health camp was organised in Bhopal on December 3-5, 2021, where Dr Bhargava offered free consultations to over 300 beneficiaries in a day.



Glimpses of the event

Delhi Police felicitates Mr Mahipal Singh Bhanot, Head – SBU, Shalimar Bagh, for exemplary leadership during COVID



Mr Mahipal Singh Bhanot, Head – SBU, Shalimar Bagh, was felicitated by the Delhi Police for his efforts in helping the community and rising to the occasion during the COVID-19 pandemic. He also contributed by

partnering with the Yuva initiative of the Delhi Police. The felicitation is a matter of pride for all Fortisians.

Ajey Maharaj, Head – Corporate Communications, wins 'Top 100 Influential Game Changers' award



Glimpses of the ceremony

Mr Ajey Maharaj, Head – Corporate Communications, has been recognised as one of the 'Top 100 Influential Game Changers' in India by Exchange4Media, a reputed media house. The award was announced at a glittering ceremony held in New Delhi on December 8, 2021. The event was attended by a large number of Corporate Communications and Public Relations professionals from across the country.

The awardees were selected after a scrutiny of nominations, followed by a robust internal auditing process by Exchange4media's editorial team. The top 50 Corporate Communications professionals and top 50 Public Relations professionals who have changed the dynamics of the industry through their hard work, vision and leadership skill were recognised at the event.

Ms Dipti Briner Pereira of Fortis Hospital, Mulund, bags three prizes at the Indian Sterilization Healthcare Association's Annual Conference



The awards won at 3rd ISHA Annual Day

Ms Dipti Pereira with her awards

Team CSSD with the proud winner Ms Dipti Pereira

Ms Dipti Briner Pereira, Assistant Technical Supervisor - Central Sterile Supply Department (CSSD), Fortis Hospital, Mulund recently won three awards at the Indian Sterilization Healthcare Association (ISHA) – 3rd Annual Day Conference. The event was hosted on November 28, 2021, at the Indian Spinal Injuries Centre, Vasant Kunj, New Delhi. Ms Pereira won the first prize for the English slogan competition on the topic 'CSSD: Journey of Perseverance and Prosperity'. She won the second prize for her English essay on 'Similarities and differences between the role of O.T. Technologist and CSSD Technologist' and the second prize for Hindi slogan competition on the topic 'CSSD: Drudhata aur Sammrudhi ki Yaatra'.

Ms Shanthi Glory of Fortis BG Road, Bengaluru receives Seva Sindura Award for exceptional COVID service



Ms Shanthi (third from left) at the felicitation ceremony



Ms Shanthi with the award

Ms Shanthi Glory, Nursing in-charge at Fortis Hospital, BG Road, Bengaluru, has received the coveted Seva Sindura Award for her commendable contribution towards the care of COVID patients and management of the COVID unit. A total of 15 recipients from the State of Karnataka, representing various professions, including the film industry, nursing, Armed forces, politics, doctors and business, received the award. Out of the 15 awardees, two were nurses, who were selected by the Trained Nurses' Association of India (TNAI).

Ms Minimole Varghese of Fortis Mulund elected as President of Critical Care Nurses Society, India



Ms Minimole Varghese giving a speech as the new CCNS President



Ms Bincy Thomas, Nurse Educator, Fortis Hospital, Mulund



Ms Khyati Sawla, Nurse Educator, Fortis Hospital, Mulund



Ms. Durga Vaidya, Chief Nursing Officer, SL Raheja Hospital, Mahim- A Fortis Associate



Ms. Angela Rai, Nurse Educator, SL Raheja Hospital, Mahim- A Fortis Associate

Ms Minimole Varghese, Chief Nursing Officer, Fortis Hospital, Mulund, was elected as the President of Critical Care Nurses Society (CCNS) India, adding another prestigious accolade to her list of achievements. The announcement was made at an event held in Mumbai on December 4, 2021. Ms Varghese takes over from Dr Jaya Kuruvilla, Former President, CCNS, to further bolster excellence in the field of nursing empowerment. Critical Care Nurses Society, India (CCNS) is a platform for Critical Care nurses who want to step up their involvement and make a difference for themselves and their profession. CCNS is an associate member of World Federation of Critical Care Nurses. The society aims at promoting academic and scientific activity in the field of critical care nursing, organising continuing nursing education and training programmes, meetings and conferences in Critical care Nursing.

In addition to this, at the same occasion, Ms Bincy Thomas and Ms Khyati Sawla, Nurse Educators, Fortis Hospital, Mulund, Ms Durga Vaidya, Chief Nursing Officer, SL Raheja Hospital, Mahim-A Fortis Associate and Ms Angela Rai, Nurse Educator, SL Raheja Hospital, Mahim-A Fortis Associate were elected as executive members of CCNS, India.

Meet Our Clinician



Dr Sushil Gupta
 Senior Consultant, Pulmonology &
 Critical Care Fortis Hospital, Ludhiana

Tell us a bit about your family members

I was born and brought up in Ludhiana. Currently, I live with my parents, my wife and my two lovely daughters. I have three siblings, two elder sisters and one elder brother.

My father was into the business of manufacturing textiles. My mother was a home maker. My wife has done Masters in Art and has been a lecturer in Punjab University. My elder daughter is in primary school and my younger daughter will turn two this year.

How did you end up choosing the medical field?

My father always had a wish that his son should serve the society in some capacity. From my early school days itself, I was an inquisitive child. This urge to understand the logic behind everything drove me to explore basic things in our everyday life. Due to this, I also developed an interest in science and natural phenomena.

It was in later part of my school days, that we were asked to sit for an aptitude test. Based on the performance in that test, students were given an option to choose the science stream. I fared well in that aptitude test and consequently took biology as a subject in my eleventh standard.

Could you please share some details about your days in school or college?

I had some tough periods in my entire journey of becoming a doctor. Starting from my preparation days for the M.B.B.S examinations, I had to toil hard to get the desired seat in the prestigious Dayanand Medical College in Ludhiana. In my first attempt, I did not get a good rank. So, I shifted with my elder sister and took coaching from Bhatinda. I even recount one incident when the teacher had asked me to retake the examination in order to check my conceptual understanding.

Later, after my M.B.B.S, another period of struggle started after my name did not feature in the list of qualified candidates for M.D. I was deeply disappointed and heartbroken with the result, given the fact that all my colleagues had qualified. However, I did not give up and kept working hard.

I decided to shift to Delhi with my younger sister, where I started working in Sir Ganga Ram Hospital along with preparing for the D.N.B examination. In those days, apart from my professional life, the circumstances on the personal front were also quite challenging. Our financial condition was not that sound and my mother was diagnosed with cancer. This was a quite a nightmare for me as apart from doing well in my career, I also had the responsibility of my mother.

However, with God's grace and support from my family members, I was able to sail through both the challenges. I qualified in my D.N.B examination in the first attempt as well as got my mother treated in the same hospital successfully. I recount the preparation days in the hostel of Sir Ganga Ram Hospital where for good 4-5 months before my exam I would just take breaks for meals and a 6 hour sleep.

What are your hobbies?

I like to watch documentaries and TV series, and listen to music. I used to play sports in my early days.

How do you spend your free time?

Although, I rarely get free time but, whenever I do, I try to spend the maximum time with my family. I love spending precious moments with my daughters.

Meet A Nurse

Ms Shanthi Glory Nursing In-charge, Fortis Hospital, BG Road, Bengaluru



When did you join Fortis?

I had joined Fortis in the year 2006 and worked for 9 years till 2015. Then I went abroad for two years. After returning, I re-joined Fortis in January 2018.

What do you like the most about your work?

I have a long bonding with the Fortis group. I like the culture and the environment I work in, especially the support of my Chief of Nursing and fellow colleagues, who have helped me grow as a leader. In the year 2010, I was a runner-up in the 'Best nurse - senior level category.' In 2011, I won

the 'Best Nurse' award for the South Zone.

How has been your experience at Fortis?

I have grown up as a leader from the staff level because I got an environment to exhibit my leadership qualities. And I owe a big thanks to everyone who supported me in this journey.

You won a recognition recently. What was it for?

In 2021, I was honoured with the Sevasindura award as the 'Best nurse in-charge.' This award was bestowed on a handful of healthcare workers for their excellent contribution in nursing during the COVID pandemic.

Photo Features

Fortis Celebrates Christmas



Hiranandani Hospital, Vashi



Fortis Hospital, Noida



Fortis Hospital, Anandapur



Fortis Hospital, Mulund



Fortis Escorts Heart Institute, Okhla



Fortis Hospital, Vasant Kunj



FHKI, Kolkata



Fortis Hospital, Jaipur



Fortis, CDOC



Fortis Hospital, Kalyan



Corporate Office, Gurugram



SL Raheja Hospital, Mahim



Fortis Hospital, Mohali



FMRI, Gurugram



Fortis Escorts, Faridabad

Fortis Celebrates Republic Day



Fortis Hospital, BG Road, Bengaluru



Fortis La Femme, New Delhi



Fortis Hospital, Mohali



SL Raheja Hospital, Mahim



Fortis Hospital, Kalyan



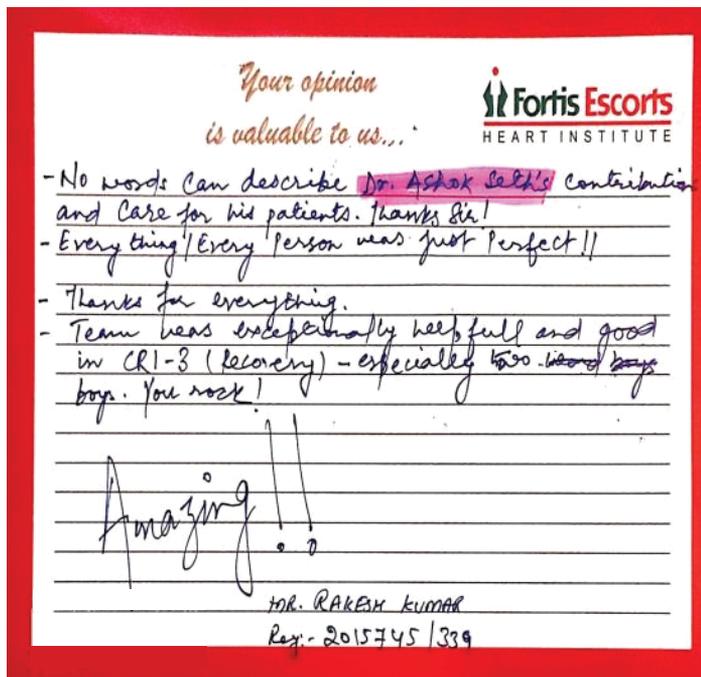
Fortis Hospital, Mulund



FKHI, Kolkata

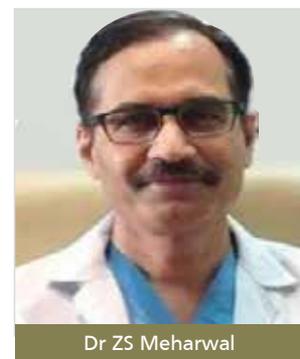
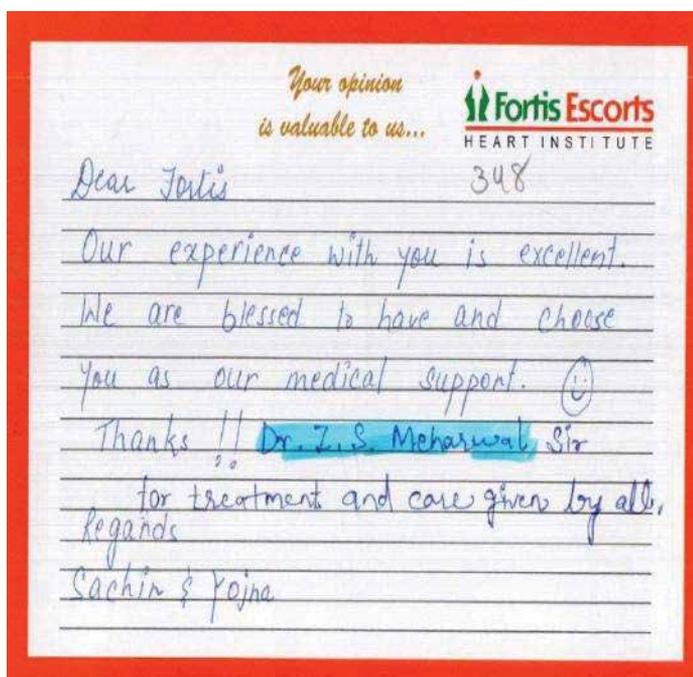
Wall of Fame

Fortis Escorts Heart Institute



Dr Ashok Seth

Appreciated by :
Rakesh Kumar



Dr ZS Meharwal

Appreciated by :
Sachin

Fortis Hospital Lafemme

Dr. Vimal Grover

It was an absolute delight to be a part of your hospital. My mother-like Dr. Vimal Grover and the team of anesthetists who made me sleep as we talked. Dr Kapil Kochar and Ms. Ojaswani Kapoor for prompt guidance, a very loving, efficient para medical staff (sorry if I have missed someone in feedback) of my room 207.

Sister Reshma, my dietician Dr Sonali for providing me with nutrients, delicious food. All the housekeeping staff and caretakers. A very big loving heartfelt Thank You. My dearest Dr Vimal Grover for relieving me from years of trauma, I am forever indebted to you.

Patient Name: Shuchi Dhingra

*Name changed to protect patient's identity.



Dr Vimal Grover

Appreciated by :
Shuchi Dhingra

Fortis Hospital Mohali

Fortis Mohali is a great hospital. I recently had surgery and the doctors (Dr Ravi Gupta and Dr Deepam) nurses and all staff very very nice. The catering was excellent and I can give 10 stars. Specially their manchow soup. Catering manager Anil Sharma was very courteous and took really good care of me.

My sincere thanks to everyone for making my surgery and stay at Fortis Mohali a great experience.



Dr Ravi Gupta

Appreciated by :
Alka Makharia

Fortis Hospital Vadapalani

I had a chest pain and so planned to go for check up to Fortis hospital Vadapalani, after my check up doctor diagnosed coronary artery disease , I was suggested for Bypass surgery It went successful all Thanks to Dr.Suresh and Team and hospital management for making my stay comfortable and for the excellent service. Dr.Sureshtook personal care and check my health status and kept on updating me regarding my treatment and health. I would like to recommend this hospital to the society because here all the departments took very much care and took responsibilities to make patient like me happy.



Dr Suresh Patel

Appreciated by :
Amrutlal Patel

Fortis Hospital Vashi



bhagyashri nawale
Local Guide · 26 reviews

★★★★★ 3 weeks ago **NEW**

The services that I receive for my maternity from dr manjiri Mehta is excellent and the staff are friendly and ensure that I am properly informed about my health and care. I would have no qualms in recommending them to friendly and friends.

Manjiri mam did a great job with my first ever health exam. She explained everything to me in a very clear manner. She was also kind and friendly. All of the staff was great – they were helpful, patient and helpe



Dr Manjiri Mehta

Appreciated by :
Bhagyashri Nawale

Fortis S.L.Raheja Hospital

We had come in ER for emergency treatment where we met Dr.Janhvi. She provided all required help at arrival. Timely treatment given and all required initial information was properly shared by her. She as very helpful and kind. Thanks for all her support during panic situation.



Dr Janvhi

Appreciated by :
Chandrasen Mistry

Fortis Hospital CG Road

'For their kind attention towards patients healthcare and duty'

Doctor Shridara and Naveen were easily approachable and there were patient in answering all doubts. Doctors were excellent in giving right amount of care. Doctor was efficient and treatment has been good. Very good guidance given



Dr Shridara

Appreciated by :
Suvarna Kopparam

**PLEASE
NOTE**

Dear Fortisians,
Due to the COVID-19 Pandemic, the publication of the "TRIVIA" section is being temporarily suspended.